



WELCOME TO iDISCOVER

iDiscover is a community of children, young people and those who support them in Northamptonshire.

iDiscover is here to inspire you to explore who you are, grow as a person and learn new things. We do this by offering a range of free and fun activities, resources and information for children and young people.

iDiscover is a safe place where everyone is accepted. It has been created with young people, for young people.

nhft.nhs.uk/idiscover

03000 270781 (Monday to Friday, 9.30am to 4pm)

