

SEA OF SUPPORT

Families supporting families

A safe, judgment-free space for families in the neurodiverse community to connect, share and learn. Led by a team with personal experience in neurodiversity.

Meeting information:

Evening meetings, 2nd Tuesday of each month at Kingsley Special Academy, Kettering, 7.30pm-9.30pm. Featuring guest speakers offering support and advice, lending library and sensory toy shop.

Daytime social meetings, weekday mornings various locations. Children welcome.

Send Support Service (SSS) attend daytime and evening meetings. See our Facebook page for more information on meetings, upcoming events and SSS availability.

"This journey can be tough at times, having others to talk to who understand every emotion I have, makes this journey that little bit more bearable, and not as isolating." "These are people who understand, these are people who are experiencing the same as you. This group has been a life line and I strongly recommend all those with neurodiversity in their family to join."



Email: s.o.s.kettering@gmail.com

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