



Horses for Good

Helping horses, helping people

EQUINE-ASSISTED WELLBEING SESSIONS

Private sessions

Wellbeing sessions are one to one private sessions lasting one hour. No previous horse experience is necessary as the horses are not ridden.



Equine expertise

Come along to meet us. Our team of unique rehabilitated horses are ideally suited to helping people due to having overcome their own issues with the help of an equine specialist.



Horse-human connection

Sessions help overcome anxiety, reduce stress, improve self confidence and self esteem. Each individual is different and we meet a wide range of individual needs.



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