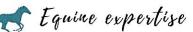


EQUINE-ASSISTED WELLBEING SESSIONS



Wellbeing sessions are one to one private sessions lasting one hour. No previous horse experience is necessary as the horses are not ridden.



Come along to meet us. Our team of unique rehabilitated horses are ideally suited to helping people due to having overcome their own issues with the help of an equine specialist.

r Horse-human connection

Sessions help overcome anxiety, reduce stress, improve self confidence and self esteem. Each individual is different and we meet a wide range

of individual needs.

The Laurels - 277 Bedford 07901 700 193 Road Rushden

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SCAN ME



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